HōL HEALTH STUDIO

1157 W 18th Street Chicago, IL 60608

(312) 344-1632 | www.holhealthstudio.com

Today's Date: ____________________ ☐ Private Pay ☐ Personal Injury ☐ Workman's Comp ☐ Insurance

PATIENT DEMOGRAPHICS

Name: ____ Birth Date: _____-_____-_____ Age: ______ ☐ Male ☐ Female

Address: _____________________________________Unit: ____ City: ____________________ State: _____ Zip: __________

E-mail Address: ______________________________ Home Ph: _______________ Cell: ______________ Work: ___________

Appointment reminder: ☐E-mail ☐Text Message ☐None Cell Phone Carrier (for text reminders): _______________________

Marital Status: ☐Single ☐Married ☐Divorced ☐Widowed Social Security:___________________________

Race/Ethnicity: ☐American Indian/Alaskan Native ☐Asian ☐Black/African American ☐Caucasian (White) ☐Hispanic or Latino

☐Other:_______________________________________ Preferred Language: ____________________________________

Employer: _____________________________________ Occupation: ____

Spouse's Name ___________________________________ Number of children and ages: ______________________________

Name & Number of Emergency Contact: ____

Relationship: ____

Whom shall we thank for referring you? ____

Do you have insurance: ☐Yes ☐No Insurance Carrier: ____

Policy holder's name: ____ Birth Date: _____-_____-_____

Relation to Insured: Self / Spouse / Child / Other: ____

Attorney to be billed (if applicable):____

Address: ______________________________________ City: __________________________ State: _____ Zip: __________

Phone #:____ Fax:____________________________________

☐Worker's Comp or ☐PI/Auto Accident Date of Accident: _____-_____-_____ Claim #: ___________________________

HISTORY of COMPLAINT

Please identify the condition(s) that brought you to this office:

PRIMARY: ______________________________________

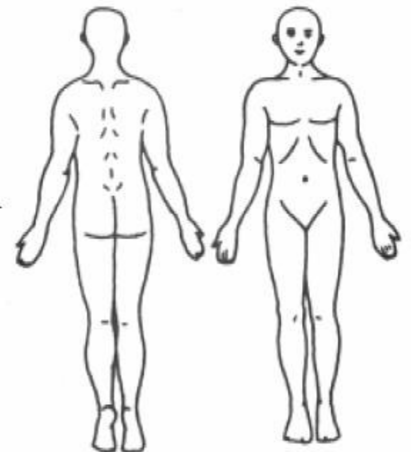
SECONDARY: ____________________________________

On a scale of **1** to **10** with **10** being the worst pain and **zero** being no pain, rate your above complaints by ***circling the number***:

Pain for your **Primary** complaint is:	1-2-3-4-5-6-7-8-9-10
What is your **AVERAGE pain**:	1-2-3-4-5-6-7-8-9-10
What is your pain level **AT ITS BEST**:	1-2-3-4-5-6-7-8-9-10
What is your pain level **AT ITS WORST**:	1-2-3-4-5-6-7-8-9-10
Pain for your **Secondary** complaint is:	1-2-3-4-5-6-7-8-9-10

PLEASE MARK the areas on the Diagram with the following **letters** to describe your symptoms:

R = **R**adiating
B = **B**urning
D = **D**ull
A = Aching
N = **N**umbness
S = **S**harp/**S**tabbing
T = **T**ingling



HōL HEALTH STUDIO

1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

When did the problem(s) begin? ____________________ When is the problem at its worst? ☐ AM ☐ PM ☐ mid-day ☐ late PM

How long does your pain last? ☐ It is constant ☐ Frequent ☐ Intermittent

Is your problem the result of ANY type of accident? ☐ Yes ☐ No If Yes, please explain: ____

How did the injury happen? ____

Condition(s) ever been treated by anyone in the past? ☐No ☐ Yes **If yes,** when: _________ by whom? ___________________________

How long were you under care: ____________ What were the results? ____

Name of Previous Chiropractor: _______________________________ ☐ **N/A**

What relieves your symptoms? ____

What makes your symptoms worse? ____

List any restricted activities due to your complaints: ____
____

Identify any other injury(s) to your spine, minor or major, that the doctor should know about: ____________________________
____

PAST HISTORY

Have you suffered with any of this or a similar problem in the past? ☐ No ☐ Yes **If yes,** how many times? __________________

When was the last episode? _____________________ How did the injury happen? ____

Please identify any and all types of jobs you have had in the past that have imposed any physical stress on you or your body:
____

If you have ever been diagnosed with any of the following conditions, please indicate with a **P** for in the ***Past***, **C** for ***Currently*** have or **N** for ***Never*** have had**:**

___ Broken Bone ___Dislocations ___ Tumors ___Rheumatoid Arthritis ___ Fracture ___Disability ___Cancer
___ Heart Attack ___Osteo Arthritis ___ Diabetes ___Cerebral Vascular ___ Other serious conditions: __________

PLEASE identify ALL PAST and any CURRENT conditions you feel may be contributing to your present problem:

	HOW LONG AGO	TYPE OF CARE RECEIVED	BY WHOM
INJURIES →			
SURGERIES →			
CHILDHOOD DISEASES →			
ADULT DISEASES →			

SOCIAL HISTORY

1. Smoking: ☐Cigars ☐ Pipe ☐ Cigarettes How often? ☐ Daily ☐ Weekends ☐ Occasionally ☐ Never
2. Alcoholic Beverage: ☐ Daily ☐ Weekends ☐ Occasionally ☐ Never
3. Recreational Drug use: ☐ Daily ☐ Weekends ☐ Occasionally ☐ Never

FAMILY HISTORY:

1. Does anyone in your family suffer with the same condition(s)? ☐ No ☐ Yes
If yes whom: ____
Have they ever been treated for their condition? ☐ No ☐ Yes ☐ I don't know
2. Any other hereditary conditions the doctor should be aware of? ☐ No ☐ Yes: ______________________________
____

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

Please mark **P** for in the **Past, C** for **Currently** have, or **N** for **Never**

___ Headache	___ Pregnant (Now)	___ Dizziness	___ Prostate Problems	___ Ulcers
___ Neck Pain	___ Frequent Colds/Flu	___ Loss of Balance	___ Impotence/Sexual Dysfun.	___ Heartburn
___ Jaw Pain, TMJ	___ Convulsions/Epilepsy	___ Fainting	___ Digestive Problems	___ Heart Problem
___ Shoulder Pain	___ Tremors	___ Double Vision	___ Colon Trouble	___ High Blood Pressure
___ Upper Back Pain	___ Chest Pain	___ Blurred Vision	___ Diarrhea/Constipation	___ Low Blood Pressure
___ Mid Back Pain	___ Pain w/Cough/Sneeze	___ Ringing in Ears	___ Menopausal Problems	___ Asthma
___ Low Back Pain	___ Foot or Knee Problems	___ Hearing Loss	___ Menstrual Problem	___ Difficulty Breathing
___ Hip Pain	___ Sinus/Drainage Problem	___ Depression	___ PMS	___ Lung Problems
___ Back Curvature	___ Swollen/Painful Joints	___ Irritable	___ Bed Wetting	___ Kidney Trouble
___ Scoliosis	___ Skin Problems	___ Mood Changes	___ Learning Disability	___ Gall Bladder Trouble
___ Numb/Tingling arms, hands, fingers		___ ADD/ADHD	___ Eating Disorder	___ Liver Trouble
___ Numb/Tingling legs, feet, toes		___ Allergies	___ Trouble Sleeping	___ Hepatitis (A,B,C)

MEDICATIONS

Medication Name (Brand name or generic)	Dosage (i.e. 5 mg)	Frequency (i.e. once per day)

Do you have any allergies to medications? ☐ No ☐ Yes If yes, please list the medication(s) and reactions:

____

____

I hereby authorize payment to be made directly to HōL Health Studio, for all benefits which may be payable under a healthcare plan or from any other collateral sources. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments, and further acknowledge that this assignment of benefits does not in any way relieve me of payment liability and that I will remain financially responsible to HōL Health Studio for any and all services I receive at this office.

______________________________________ ______ - ______ - ______

Patient or Authorized Person's Signature **Date Completed**

______________________________________ ______ - ______ - ______

Doctor's Signature **Date Form Reviewed**

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

Patient Name ______________________________ **D.O.B.** ______________ **Date** ________________

ACTIVITIES OF DAILY LIFE

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITIES:		**EFFECT:**		
Carry Children/Groceries	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sit to Stand	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Climb Stairs	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Pet Care	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Extended Computer Use	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Lift Children/Groceries	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Read/Concentrate	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Getting Dressed	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Shaving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sexual Activities	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sleep	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Sitting	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Standing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Yard work	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Walking	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Washing/Bathing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sweeping/Vacuuming	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dishes	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Laundry	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Garbage	☐ No Effect	☐ Painful (can do)	☐ Painful (limits	☐ Unable to Perform
Driving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other: ______________	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

Informed Consent

REGARDING: Chiropractic Adjustments, Modalities, and Therapeutic Procedures:

I have been advised that chiropractic care, like all forms of health care, holds certain risks. While the risk are most often very minimal, in rare cases, complications such as sprain/strain injuries, irritation of a disc condition, and although rare, minor fractures, and possible stroke, which occurs at a rate between one instance per one million to one per two million, have been associated with chiropractic adjustments.

Treatment objectives as well as the risks associated with chiropractic adjustments and, all other procedures provided at HōL Health Studio have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.

____ ____/____/____
Patient or Authorized Person's Signature Date

REGARDING: X-rays/Imaging Studies

FEMALES ONLY → *please read carefully and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our receptionist for further explanation.*

☐ The first day of my last menstrual cycle was on ____-____-____ (Date)

☐ I have been provided a full explanation of when I am most likely to become pregnant, and to the best of my knowledge, I am not pregnant.

By my signature below I am acknowledging that the doctor and or a member of the staff has discussed with me the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration I therefore, do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.

____ ____/____/____
Patient or Authorized Person's Signature Date

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

NOTICE OF PRIVACY PRACTICE

This office is required to notify you in writing, that by law, we must maintain the privacy and confidentiality of your **P**ersonal **H**ealth **I**nformation. In addition, we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which, by law, or as **dictated by our office policy,** we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. In addition, you will find we have placed several copies in report folders labeled **'HIPAA'** on tables in the reception. Once you have read this notice, please sign the last page, and return only the signature page (page 2) to our front desk receptionist. Keep this page for your records.

PERMITTED DISCLOSURES:

1. Treatment purposes - discussion with other health care providers involved in your care.
2. Inadvertent disclosures - open treating area mean open discussion. If you need to speak privately to the doctor, please let our staff know so we can place you in a private consultation room.
3. For payment purposes - to obtain payment from your insurance company or any other collateral source.
4. For worker's compensation purposes - to process a claim or aid in investigation.
5. Emergency - in the event of a medical emergency we may notify a family member.
6. For Public health and safety - in order to prevent or lessen a serious or eminent threat to the health or safety of a person or general public.
7. To Government agencies or Law enforcement - to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons - discussion with coroners and medical examiners in the event of a patient's death.
10. Telephone calls or emails and appointment reminders - **we may call your home and leave messages** regarding a missed appointment or apprize you of changes in practice hours or upcoming events.
11. Change of ownership- in the event this practice is sold, the new owners would have access to your PHI.

YOUR RIGHTS:

1. To receive an accounting of disclosures.
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice.
3. To request mailings to an address different than residence.
4. To request Restrictions on certain uses and disclosures and with whom we release information to, although we are not required to comply. If, however, we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance.
6. To request amendments to information. However, like restrictions, we are not required to agree to them.
7. To obtain **one copy** of your records at no charge, when timely notice is provided (72 hours). **X-rays** are original records and you are therefore not entitled to them. If you would like us to outsource them to an imaging center, to have copies made, we will be happy to accommodate you. However, you will be responsible for this cost.

COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information, please call Dr. Peng at 312-344-1632 if he is unavailable, you may make an appointment with our receptionist to see him within 72 hours or 3 working days. If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to:

DHHS, Office of Civil Rights
200 Independence Ave. SW Room
509F HHH Building
Washington DC 20201

Patient initials: __________**-retaining *page 1 of 2***

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

NOTICE REGARDING YOUR RIGHT TO PRIVACY continued…

I have received a copy of HōL Health Studio Patient Privacy Notice. I understand my rights as well as the practice's duty to protect my health information, and have conveyed my understanding of these rights and duties to the doctor. I further understand that this office reserves the right to amend this "Notice of Privacy Practice" at a time in the future and will make the new provisions effective for all information that it maintains past and present.

I am aware that a more comprehensive version of this "Notice" is available to me and several copies kept in the reception area. At this time, I do not have any questions regarding my rights or any of the information I have received.

______________________________	______________
Patient's Name	DOB
______________________________	______________
Patient's Signature	Date
______________________________	______________
Witness	Date

Medical Information Release Form (HIPPA Release Form)

Release of Information:

[ ] I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

[ ] Spouse ______________________________

[ ] Child(ren) _ [ ] Other ____

[ ] Information is not to be released to anyone.

This ***Release of Information*** will remain in effect until terminated by me in writing.

Messages:

Please call [ ] my home [ ] my work [ ] my mobile number: ____________________

If unable to reach me:

[ ] you may leave a detailed message

[ ] please leave a message asking me to return your call

[ ] ______________________________

The best time to reach me is (*day*) ______________ between (*time*) ____________

Signed: ______________________________ Date: ____________

Witness: ______________________________ Date: ____________

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

PATIENT RESPONSIBILITY & ASSIGNMENT OF BENEFITS FORM

POWER OF ATTORNEY TO ENDORSE CHECKS AND/OR TO SIGN ANY PAPER WHICH WILL ENHANCE OR EXPEDITE PAYMENT TO PROVIDER FOR SERVICE RENDERED, INCLUDING BUT NOT LIMITED TO A RELEASE OF MEDICAL RECORDS AND ASSIGNMENT OF BENEFITS/AUTHORIZATION TO PAY.

INDIVIDUAL'S FINANCIAL RESPONSIBILITY: I understand that I am financially responsible for my health insurance deductible, coinsurance or non-covered service. Co-payments are due at time of service. If my plan requires a referral, I must obtain it prior to my visit. In the event that my health plan determines a service to be "not payable", I will be responsible for the complete charge and agree to pay the costs of all services provided. If I am uninsured, I agree to pay for the medical services rendered to me at time of service.

ASSIGMENT OF BENEFITS: Known by all these present that: the undersigned has made, constituted and appointed, and by these presents does hereby make, constitute and appoint HOL HEALTH STUDIO, LLC. and any of its duly authorized agents and employees as and to be the undersigned's true and lawful attorney for and in the undersigned's name, place and stead to endorse any and all checks, drafts or money orders which are made payable to the undersigned alone or to the undersigned and HOL HEALTH STUDIO, LLC. which checks, drafts or money orders are made payable for services which have been made by HOL HEALTH STUDIO, LLC., at the request of with the knowledge and approval of the undersigned and/or maker of the check, draft or money order.

This assignment includes but is not limited to, all rights to collect benefits directly from my insurance company for services that I have received and all rights to proceed against my insurance company in any action including legal suit if for any reason my insurance company fails to make payments of benefits due to my assignee or me. This assignment also includes any rights to recover attorney's fees and costs for such action brought by the provider as my assignee.

The undersigned by these presents does give and grant HOL HEALTH STUDIO, LLC. as attorney the full power and authority to do and perform all and every act whatsoever requisite and necessary to be done in and about the premises as fully to all intents and purposes as the undersigned might or could do to personally present insofar as the endorsing and cashing of said check and concerned as well as any other document.

A photocopy of this document shall be as binding as an original signature page.
The undersigned does hereby ratify and confirm any and all actions taken by the said attorney in accordance with this special power and which the said attorney shall do cause to be done by virtue of these presents.

ASSIGNMENT OF BENEFITS

I, ____ , hereby authorize: ____

(name of insured) (name of insurance company)

to pay to and mail directly to HOL HEALTH STUDIO, LLC. the medical benefits otherwise payable to me for their services, but not to exceed the charges of those services. I hereby irrevocably assign to HOL HEALTH STUDIO, LLC. and benefits under any policy of insurance, indemnity agreement, or any other collateral source as defined in Illinois Statutes for any services and charges provided by HOL HEALTH STUDIO, LLC.

Patient Name (Printed) ____

Relationship to Insured ____

Signature of Insured/Parent/Guardian ____ Date ____________________________

HōL HEALTH STUDIO
1157 W 18th Street Chicago, IL 60608
(312) 344-1632 | www.holhealthstudio.com

Cancellation and No-Show Policy

“Cancellation” and “No Show” Policy & Procedure for Office Visits, Therapies, Massages & Procedures.

At Hol Health Studio, our goal is to provide quality care in a timely matter. We have implemented a no show and cancellation policy which enables us to better utilize available appointments for our patients in need or our care. The following policy is with regard to patients who fail to keep their scheduled appointments.

Please be courteous and call Hol Health Studio promptly if you are unable to attend an appointment. This time will be reallocated to someone who is in urgent need of treatment. Available appointments are in high demand and your early cancellation will give another person the possibility to have access to timely care.

- Patient who fail to show for their scheduled appointment or did not notify the office within 24 hours of their scheduled appointment time, shall be subject to a “No Show/Cancellation” fee of $25.00. In the event of an actual emergency and prior notice could not be given, consideration will be given, and a one-time exception may be granted.

- Patient who fail to show for their scheduled office procedure appointment or did not notify the office within 48 hours of their scheduled appointment time, shall be subject to a “No Show/Cancellation” fee of $50.00.

- These fees are not covered by insurance and is therefore the sole responsibility of the patient.

How to Cancel Your Appointment

To cancel or reschedule appointments call Hol Health Studio at 312.344.1632. If you have any problems getting through, you can leave a message with your name, appointment date, time and cancellation reason or request for rescheduling.

I have read and understand this cancellation and no show policy to the best of my ability.

Patient Signature (or parent, guardian or legal representative) ____________________ Date ____________

Patient Printed Name ____________________ Date ____________